

# The Harris Meltzer Trust - Ten Years On

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The HMT has now completed ten years as successor to the Roland Harris Educational Trust, which was established by Martha Harris and Donald Meltzer and published as the Clunie Press. Following the life-work and intentions of its three guiding figures, the Trust's objectives remain to advance psychoanalytic education, especially with regard to children and young people. In a rapidly changing context in both mental health and in publishing itself, the Trust has continued to produce between two and three books a year, thanks to the expertise and support of all the staff at Karnac.

Over this period the Trust has kept in print or produced new editions of many of the Clunie Press classics, such as Meltzer's seven books and Martha Harris's *Thinking about Infants and Young Children* and *Your Teenager*, Romana Negri's *The Newborn in the Intensive Care Unit*, and Roger Money-Kyrle's *Collected Papers*, together with a new edition of *Man's Picture of His World* which includes three of his seminal papers. A new edition of the *Collected Papers of Martha Harris and Esther Bick* was published as *The Tavistock Model* (as this educational system subsequently became known) and was followed by *Looking and Listening*, a Brazilian collection edited by Marisa Mélega using this model, an approach to psychoanalytic work founded on skills acquired from infant observation.

Owing to Meltzer and Harris's many years of working with atelier-style supervision groups in different countries, a body of interesting case material exists which is valuable for future workers and we are gradually publishing some of this: from *The Story of Infant Development* which marked the Trust's inauguration in 2007, through Marisa Mélega's case studies in *Post Autism*, to the recent series *Meltzer in Venice*, *Meltzer in Paris*, and *Meltzer in Sao Paulo*. This also means we are increasingly involved with translations from and into other languages – one of the first of these being *Thanatos*, wellknown to practitioners in Finland.

The Trust's focus on education and teaching has evolved through *Teaching Bion*, *Teaching Meltzer*, and *A Meltzer Reader*, all with contributions

from a variety of international workers. The Meltzer-Harris model of the child-in-the-family-in-the-community was published for the first time in English as a solo work, entitled *The Educational Role of the Family* (though long available in this form in other countries); together with their seminars on *Adolescence*, also similar to publications already available in other countries. *Enabling and Inspiring* was a long-awaited tribute to Martha Harris from her own students, documenting her mode of teaching and how it has been put into use by others over the years. We also designed and produced Judith Edwards' *Help!* guide for children starting psychotherapy, in the form of a child-friendly leaflet (now distributed by the ACP).

A longstanding interest by the Trust's founders in the links between psychoanalysis, the arts, and aesthetics, is evidenced in the books with the black covers – *Psychoanalytic Aesthetics* by Nicky Glover; *Freud's Lost Chord* by Dan Sopen; *Hamlet in Analysis* by Meg Harris Williams, and *Art and Analysis*, a collection of essays and extracts from the writings of Adrian Stokes. In addition *The Becoming Room* documents and revives a project begun long ago in the days of the original Roland Harris Educational Trust: the dramatization and filming of Bion's *Memoir of the Future*, which is to be enacted in play format in India at the end of May, with veteran Indian actor Tom Alter playing Bion.

Forthcoming books include *Clinical Uses of the Aesthetic Conflict*, a review of the clinical usefulness of one of Meltzer's key concepts, research from Colombia supervised by Cecilia Muñoz, and *Counterdreamers: Analysts Reading Themselves*, with a fascinating diversity of contributions which all nonetheless aim to flesh out the view (stated by Meltzer) that psychoanalytic writing is and should be a type of autobiography. My main wish as editor of the HMT, in these and in future books, is to encourage the analysis of authentic clinical struggles, to heed Bion's warning that psychoanalytic papers should not be "a pain to read", and to represent Martha Harris's definition of "the great social class of the truly educated people, the people who are still learning".